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Rising NCDs: Why the future demands a new era of pharma innovation

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cnbctv18.com/access/opinion/rising-ncds-future-needs-new-era-of-pharma-innovation-atypical-pattern-of-diseases-cancer-cardiovascular-disease-diabetes-oppi-19653211.htm

Anil Matai August 14, 2025



Non-communicable diseases (NCDs) have now overtaken infectious diseases as the leading cause of illness and death in India. An estimated 5.8 million Indians die from these diseases each year; approximately one in four Indians faces the risk of dying from an NCD before reaching the age of 70. The most prevalent among this disease segment includes cardiovascular diseases (CVDs), diabetes, cancers, obesity, and chronic respiratory conditions, each of which brings with it a significant burden of morbidity and long-term care.

These conditions are no longer confined to urban or affluent populations, they are increasingly affecting rural areas and economically vulnerable groups, creating a widespread health crisis.

India's rapidly evolving demographic profile characterised by an aging population, accelerated urbanisation, and shifting lifestyle patterns is reshaping the country's healthcare needs, with sedentary behaviors, unhealthy diets, rising stress levels, and pollution contributing to a growing burden of NCDs. This shift has not only expanded the number of people at risk but also identified the types of diseases being diagnosed across age groups and geographies.



Publication	Express Pharma
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